

DPS Wellness

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Counseling Services Presentation

May 1, 2019

- Trends in therapeutic services
- Hospitalization data
- Re-entry programming
- New initiatives for multi-tiered systems of support
- Building SEL capacity in classrooms
- Providing high quality training opportunities
- Trends in college acceptances and post-secondary opportunities



DPS Food and Nutrition Services

*A Overview of
School Food Service
Jeanne Johnson*



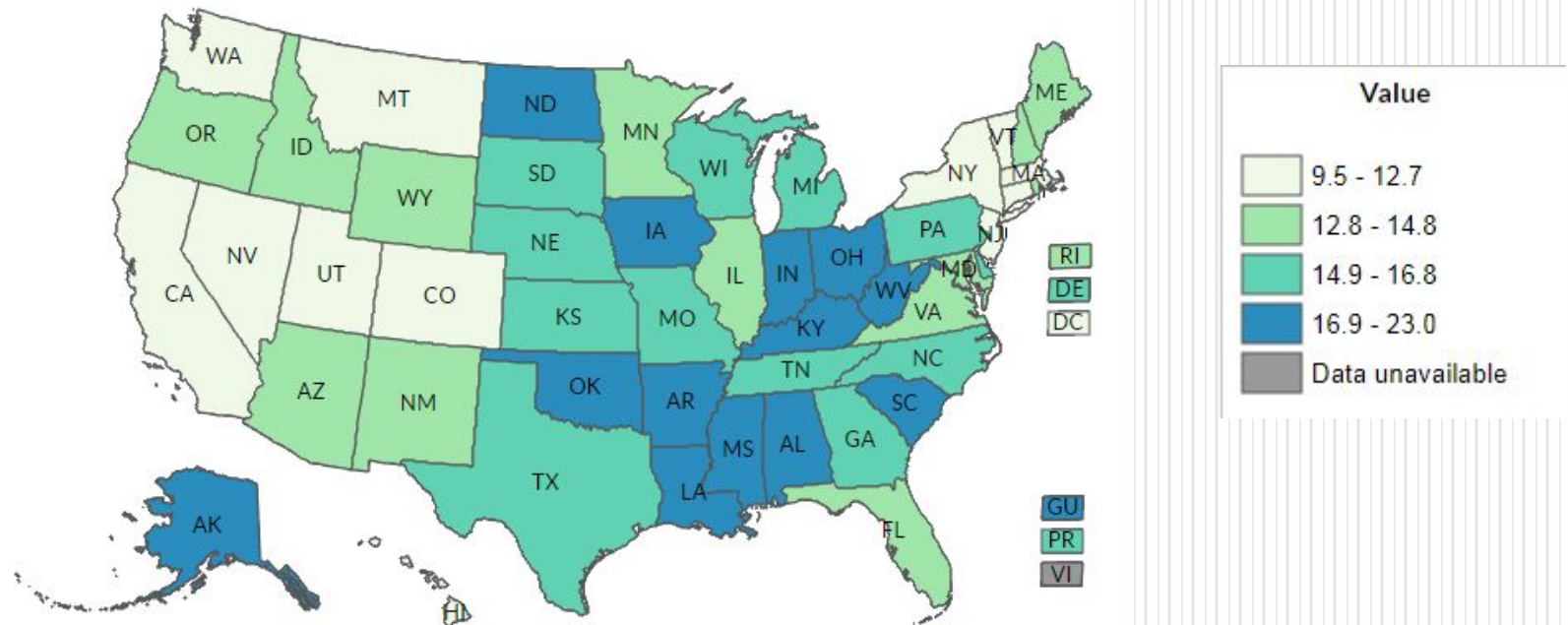
Healthy Hunger Free Kids Act Signed into Law in December of 2010

Food Service History



MA 2017-11% of students in grades 9-12 categorized as obese

2017 CDC Obesity Rates for Grades 9-12



What kind of nutrition environment do we want for our students?



DPS Food and Nutrition Services

What do we do?

266,090 Lunches Served

72,855 Breakfast Served

\$1,469,406 in Business



Breakfast program on track to serve over 80,000 breakfasts



Breakfast offered in all schools





Free and Reduced Lunch Price

27% Students receive the
free breakfast and lunch benefit

5.6% Students receive the
reduced price breakfast and lunch benefit



United States Department of Agriculture
Food and Nutrition Service

Qualifying for Free or Reduced Meals

To qualify for free meals
\$32,630 or less annually

To qualify for reduced price
meals \$46,435 or less annually

Family of four



Self-Funded

Revenue Sources

- 55% Student Lunch Money
- 4% Catering
- 41% Federal/State Reimbursement

Expenses

- 45% Food and Beverage
- 45% Labor
- 5% Equipment
- 3% Paper Supplies
- 2% Other Supplies



Student Pays

Elementary \$3.00

Middle School \$3.25

High School \$3.75

Reduced Lunch \$.40

Reimbursement

Free lunch \$3.43

Reduced lunch \$3.03

Paid Lunch \$.43

School Lunch Revenue

Revenue

Plus

Reimbursement

Free Lunch \$3.43

Reduced Lunch \$3.43

Elementary \$3.43

Middle School \$3.68

High School \$4.18



Purchasing

High School
\$4.18

\$1.88 Food
\$1.88 Labor
\$.21 Equipment
\$.13 Paper Supplies
\$.08 Other



Changes that Affect the Program

Special Dietary Needs

- Allergies
- Diabetes
- Celiac- Gluten Free
- Religious Beliefs



Updates to the Regulations

- Flavored Low-Fat Milk
- 50% Grains Whole-Grain Rich
- Reducing sodium has been postponed

Four schools with a Cafeteria
Three schools eat in classroom

New ECEC Cafeteria





Dedham Food Service

A lot to do and the most wonderful group of people to do it!!



Gail Kelley

Health Services Trends and Clinical Practice Shifts





ACCESS to HealthCare:

- Lack of Health Insurance
- Students entering DPS from outside of MA without established primary care
- Students entering DPS from other countries
- Economic Disadvantage

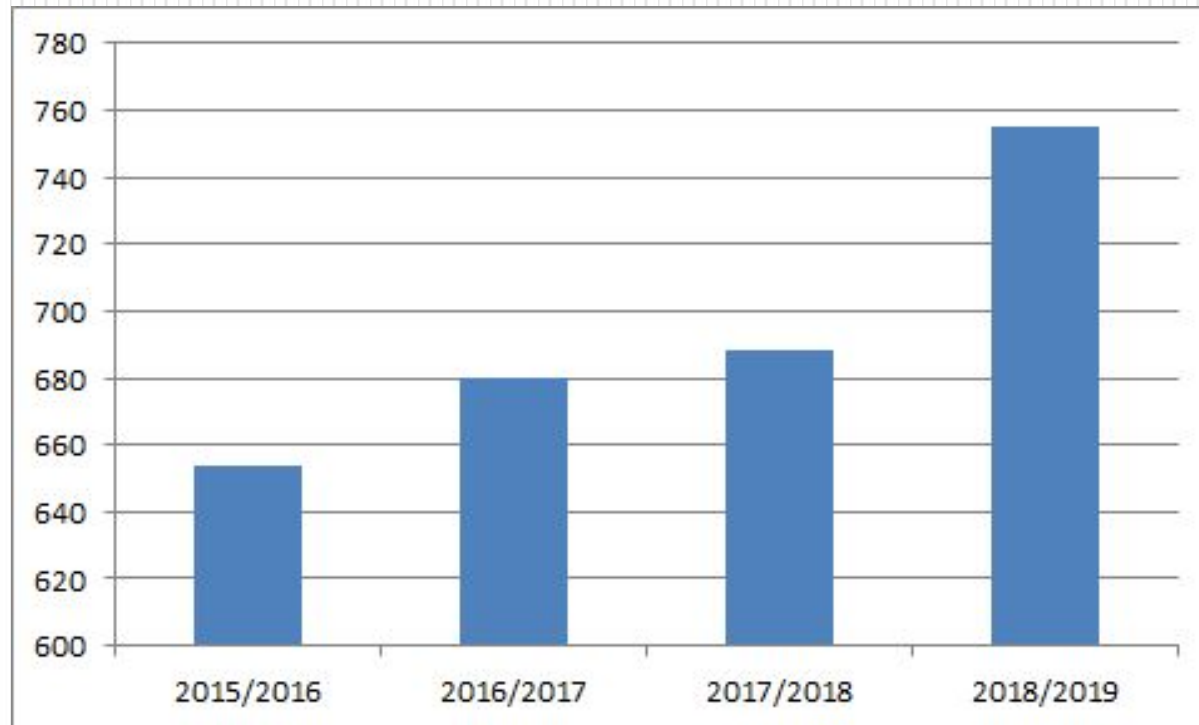
Clinical Practice Shift

- Supporting families in obtaining access to primary care and medical services
 - Vaccine Access Program

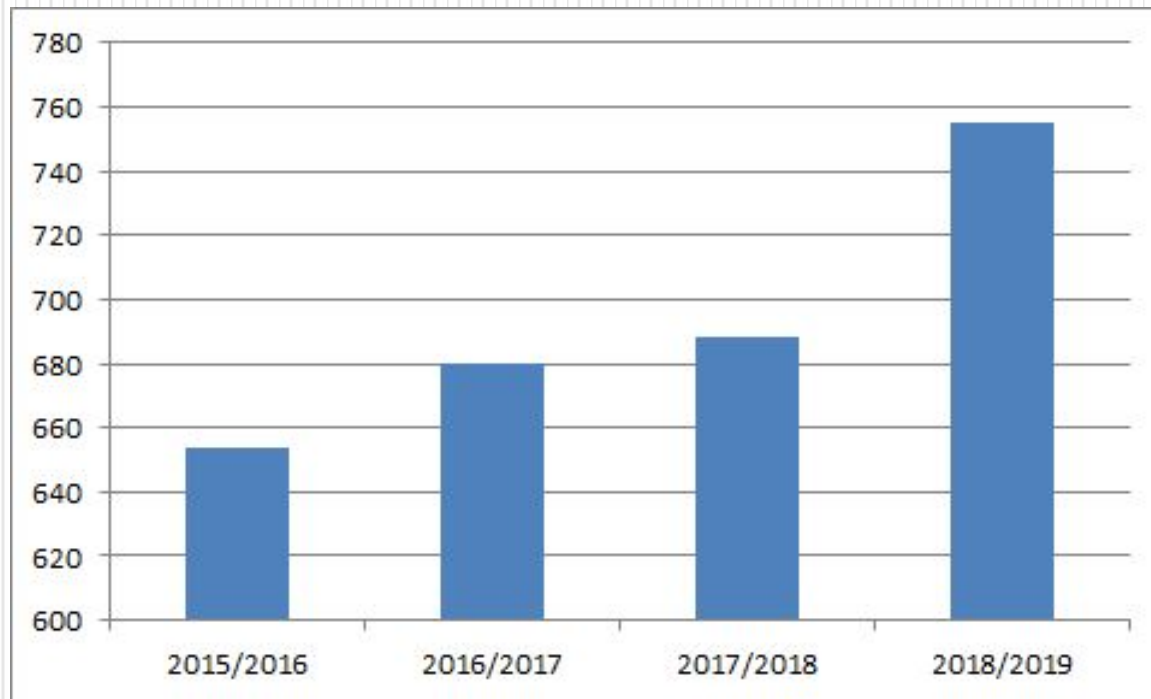


Muscular Dystrophy Bleeding Disorders Crohn's Disease Multiple Sclerosis
Diabetes Cerebral Palsy Cystic Fibrosis
Cancer LTA Asthma Concussion Spinal Cord Injury Narcolepsy
Hydrocephalus Heart Disease Sickle Cell Disease Seizure Disorder
Stroke

Increase in Medically Complex Students



ECEC Scheduled Treatments/Medications



Diabetic
blood sugar
testing, carb
count and
insulin
calculation

Tube
Feedings

Clinical Practice Shift

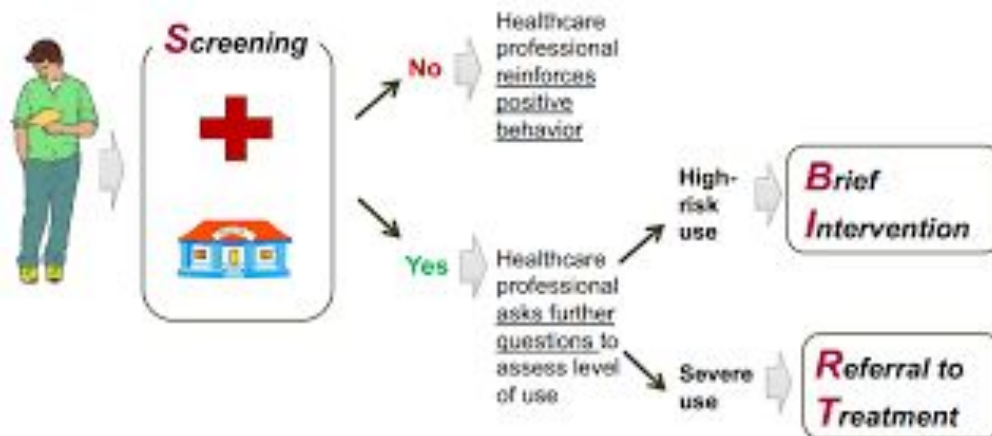


A LOT more time spent
on
**CARE
COORDINATION**

Coordination of student health care
between the medical home, family and
school

SBIRT

Screening, Brief Intervention and Referral to Treatment



MWAHS

- Completed 2nd survey November 2018
- Results will be shared with schools April/May
- Look forward to reporting out early next year.

DPS Curriculum Update:

Health and Physical Education



Mark Carney, Director of Health, Wellness
and Physical Education preK-12



Second Step Curriculum Companions

preK - 5



Grade-Level Outcomes
for K-12 Physical Education

Living Documents



Middle School



SEL Program

Middle School Program

**METROWEST
HEALTH
FOUNDATION**

Parent Portal:

- Curriculum, Instruction & Assessment
- Living Document

Thursday, April
11th, 2019
DMS Auditorium

PREP

*Prevention Resources and
Education for Parents*

National Health
Education Standards

High School



Recognizing the need for SEL



ANY
QUESTIONS?